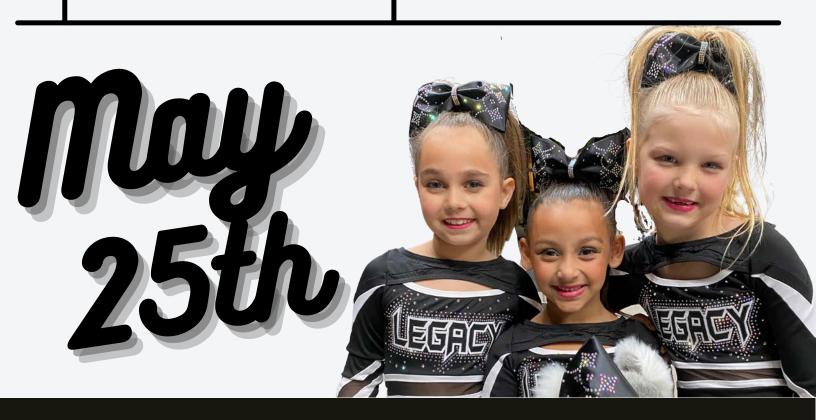
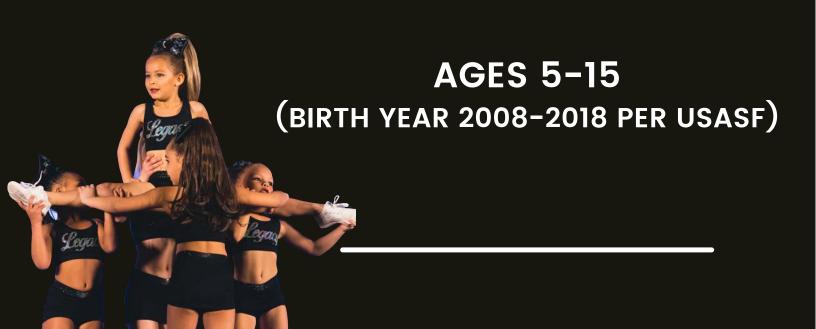




480-572-0645

# ALL-STAR PREP TEAM TRYOUTS!







On behalf of the coaching staff, we want to welcome everyone to the LPC Family, we look forward to this season!! Please take the time to read the entire Team Packet. This packet will be very important and helpful to you for the entire season, make sure to keep it in a safe place where you will be able to reference back to it!

·All participants please wear work out attire, cheer or tennis shoes, and hair pulled neatly back. No jewelry.

·Please note we run a closed tryout. Parents, please drop off and pick up at the times listed.

Our tryouts are stress-free and a fun class-type evaluation. Judges will be observing while our staff teaches skills and works with the participants. It's our goal to make each participant feel comfortable and have a positive experience.

# TRYOUT CHECKLIST\*:

- Completed tryout form
- Copy of birth certificate (New Members Only)
- Photo-school picture or other current photo
- Signed team agreement Form

\*Please bring all paperwork to the first day of tryouts.

## **ALL-STAR PREP COMPETITION TEAM PACKET 2023-2024**

Not sure if you're ready for an All-Star Elite team but still want to compete?

Like to participate in multiple activities at once?

Don't want to travel?

If you answered "yes" to any of these questions, this just may be the perfect program for you! Our all-star prep teams provide an excellent way for participants to receive an all-star experience with the same expertise staff but without the cost, travel and time commitment of our regular all-star teams. Prep teams attend 5 instate competitions performing a 2 minute routine verses 2 minutes & 30 seconds. The same USASF general rules and guidelines are followed.

TRYOUTS: Thursday, May 25th

AGES: 5-15
(Birth Year 2008-2018 per USASF age grid)

COST: \$25 per participant

**TRYOUT SCHEDULE:** 

6:00pm-7:45pm



To register for tryouts please visit https://app.iclasspro.com/portal/legacyusa

# **ALL MALE ATHLETES CHEER TUITION IS FREE!!**

If you are unable to attend the tryout dates listed above, a private tryout may be scheduled. Private tryouts range from 20-30 minutes. Fee: \$25

#### **OUR PHILOSOPHY**

All-Star Competitive Cheer is one of the most exciting and challenging activities available to kids today. This unique team sport combines tumbling, dance, jumps and stunting in a fast-paced routine. All-Stars are athletes in every sense of the word. They are dedicated teammates who work very hard to achieve their goals. In the end they are rewarded by a sense of accomplishment and fulfillment that makes all of the work worthwhile. At LPC we believe in providing a family atmosphere that teaches our students "life lessons" that will remain with them forever. Character, Commitment and Attitude are all values that we hope our athletes will strongly develop and carry into all areas of their lives. Our athletes will also gain valuable experiences competing in front of nationally known judges and thousands of spectators increasing their confidence, courage and ability to handle pressure.

While having fun is our main objective, there are some guidelines you must abide by and agree to when becoming a member of the Legacy Premier Cheer competition team. Please thoroughly read the following Competition Team packet. Both PARENTS and CHEERLEADERS must sign this packet before joining – you will not be allowed to start practicing without the signed forms on file.

#### TEAM PLACEMENTS

Although our tryout schedule is based off of tumble level, please keep in mind we base placements off of several factors NOT just tumbling. Immediately following tryouts each member will be placed on a "Primary" team – this is the team they must agree to join. Athletes tryout to be a member of LPC All-Stars, not for any particular team or position. Coaches will place each cheerleader on the best possible team for them, based on age, maturity, individual skills and team needs. We reserve the right to place anyone on any team we see fit, regardless of their experience or age. We also reserve the right to move individuals to another team that might be a better fit for them after the season goes on and we have assessed that they would work out better somewhere else. All decisions are made based on what's best for the team, as well as the individual. We do not play favorites and we approach everyone equally, regardless of what team they may have been on previously. As such, coaches decisions are final and are not up for discussion. Please do not request your child to be a flyer, base etc.

#### **CROSSOVERS**

On our tryout form, you can choose whether or not you want to be considered for a crossover position. Some members may also be offered a "crossover" option, which allows a member to be on two different teams. Being a crossover is not mandatory, but if you commit to it, you must see it through for the entire season. If a member decides to be a crossover, they will not be charged monthly team fees for their second team, however, they will have to pay crossover competition fees and a bow fee of \$40. They will also be required to attend all team practices each week.



ANY PARTICIPANT ON A LEGACY PREMIER ALL-STAR TEAM IS NOT PERMITTED TO TAKE ANY TYPE OF CLASSES, PRIVATES, OR JOIN TEAMS AT ANY OTHER CHEER FACILITY, UNLESS REQUIRED TO DO SO BY A SCHOOL SQUAD.

#### **ATTITUDE**

#1 RULE IN OUR GYM: ALL MEMBERS MUST DISPLAY A POSITIVE ATTITUDE AT ALL TIMES.

Everyone has a bad day at times, but we want our gym to be the place you come to get away from negativity – leave your frowns at the door and always remember to keep things positive. Negative attitudes and disrespect are not acceptable from anyone (cheerleader, coach or parent), and will be considered grounds for suspension or dismissal if the negativity persists.

Work ethic is crucial for our teams, and it is expected that you will come to practice ready to cheer and willing to give whatever your team needs you to give. Sometimes you will be asked to perform in positions you don't normally do or enjoy. It is during these times that your true character is being tested, and we hope that you will take that opportunity to shine.

#### **COMMUNICATIONS**

Our primary mode of communication is via email. All members are required to create an account on our parent portal to receive all communications. Please make a point to check your email often.



#### **PRACTICES**

Prep teams will practice TWICE per week (July 6th-April 30th). All members are to attend all team practices. There will also be weekly tumble classes offered at a discounted rate of \$45 per month as an option that members may sign up for but is not mandatory. Teams practice 2 days per week Monday-Friday, depending on the team they are placed on. Final schedules will be announced following tryouts.

#### **ATTENDANCE**

You are allowed four excused absences from your team practices in a season (August-April). An excused absence is one in which you call/email ahead of time to let the office and the coaches know which day you will be missing. The earlier you can let us know the better. The only EXCUSED absences are those for school functions that result in a grade, a funeral, a wedding, a pre-planned vacation or if you have a fever or contagious illness. If for any reason you miss more than your allotted three absences, the athlete is subject to removal from the team. There are NO EXCUSED ABSENCES 2 WEEKS BEFORE A COMPETITION, TEAM PRACTICES ARE MANDATORY FOR ALL MEMBERS. Any member missing 2 consecutive practices without making arrangements in advance will be subject to removal from the team. If a team member is injured or sick (not contagious) and unable to participate they must still attend and watch all practices.

Summer absences are not counted, as we understand most of our families travel during the summer.

Because our season is a total of 9 months we have several gym closures throughout the year and we ask that families try to arrange their vacations around these dates to avoid practice conflicts.

Please be on time to practice. When you are late, the entire team is held up for you. We know that life happens, and sometimes you just can't help it (coaches are late sometimes, too!), but if you are on time the majority of the time, we will be more understanding when you are not. If a team member is more than 15 minutes late it will be counted as an absence.

Full team attendance is key to the success of a program! School dances, homework, or social events are not an excuse for missing practice. These types of absences will not be excused.



#### **FEES**

#### **ANNUAL REGISTRATION FEE: \$50**

Each member will be charged a non-refundable \$50 registration fee upon joining the team.

## **UNIFORM (FEMALES): \$450**

Uniform includes: Custom body liner, custom bottom, bow, and cheer shoes.

## **UNIFORM (MALES): \$325**

Uniform includes: Custom top, black pants and cheer shoes.

LPC SPIRIT PACK: \$375

STUNT CAMP

CHOREOGRAPHY CAMP

**CUSTOM COMPETITION MUSIC** 

**RETURNING MEMBERS: \$550** 

ANNUAL REGISTRATION FEE \$50

**ILPC SPIRIT PACK \$375** 

SHOES AND TEAM BOW \$125



#### **USASF FEE: \$49**

ALL NEW AND RETURNING MEMBERS: USASF Athlete Membership fee is \$49.00. Memberships will be completed and paid for by the athlete's parent. You will receive more details about this upon joining.

#### **COMPETITIONS AND COACHES FEES: \$630**

First 50% is due October 1st. Final 50% is due November 1st.

## **NEW MEMBER PAY SCHEDULE** (includes uniform, spirit pack, and registration fee):

June 1st- \$300 uniform deposit

July 15th, August 15th, and September 15th: Installments (\$192) due for the remaining fees.

## **STUNT CAMP (Fee included in spirit pack):**

All teams will be attending a stunt camp hosted at our gym in addition to their choreography camp. Even if you join the team after stunt camp, you remain responsible for paying this fee, as you will still benefit from the stunts choreographed for the routine. Stunt camp is mandatory for all team members. All members must stay the full camp from start to finish, no exceptions will be made. Dates for our 2023-2024 stunt camp for ALL TEAMS are August 5th-August 10th.

## **CHOREOGRAPHY CAMP** (Fee included in spirit pack):

This will be a private choreography camp hosted at our gym. Choreography camp is closed for viewing. Even if you join the team after the choreographer has taught the routine, you remain responsible for paying this fee, as you will still benefit from the routine. Choreography camp is mandatory for all team members. All members must stay the full camp from start to finish, no exceptions will be made. Dates for our 2023-2024 choreography camp are TENTATIVE but we believe they will be September 13th-18th.

#### **MONTHLY TUITION:**

## TINY-\$120 per month

2.5 hours per week (2 team practices)

## MINI-JUNIOR- \$130 per month

3.0 hours per week (2 team practices)

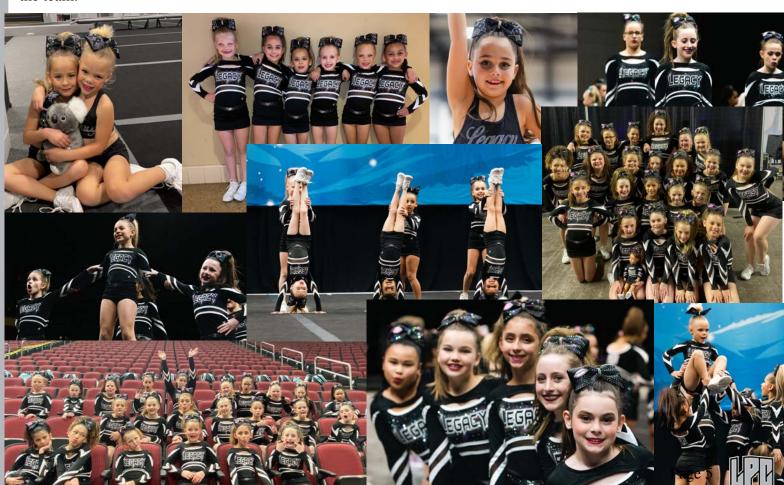
## **Male Athletes: NO TUITION**

- \*We encourage all our prep athletes to add a tumble class but it is not mandatory. Tumble is offered a discounted rate of \$45 per month.
- -Tuition begins July 1st. Our season runs from July 1st, 2023 thru April 30th, 2024.
- -Tuition is due at the first of every month. A \$15 late fee is assessed after the 10th of the month.
- -LPC does not charge any additional fees for scheduled extra practices during the season months nor pro-rate.

## FAMILY DISCOUNT: 20% off monthly tuition per sibling

## CREDIT CARD REQUIREMENT

All team members will be required to have a valid credit card/debit card on file on the parent portal. Your card will not be charged unless your account becomes 30 days past due, or unless you authorize us to automatically withdraw from your account each month. Each member will be required to complete a financial agreement form prior to joining the team.



#### **2023-2024 COMPETITIONS**

Each team will attend 5 local competitions per season. The following are a list of TENTATIVE competitions to give you an idea:

ASC All-Star Challenge-Phoenix Showdown Phoenix, AZ 1/13/24-1/14/24

ATH Athletic Championship-Mesa, AZ 1/27/24-1/28/24

VOS Cactusfest- Mesa, AZ 2/24/24

VOS Red Carpet- Mesa, AZ 3/23/24

US Finals-Phoenix, AZ April 2024

VOS Grand Canyon Championship- Mesa, AZ 4/27/24

All competitions are mandatory for all team members – if you are unable to attend your team's assigned competitions, you will not be allowed to join or remain on the team.

Members are expected to arrive on time in required clothing to all competitions. If a member is more than 10 minutes late, this will be counted as one of your 4 excused absences each member is allowed per season.

We consider LPC athletes part of our family. As such, family is expected to support each other. At specific times throughout the season you will be asked to support other teams at competitions. This is not negotiable. All athletes (including your child) perform better when there is a large crowd of encouragement. Do your part to support the other teams of Legacy Premier Cheer.

## NATIONAL COMPETITIONS

Our prep teams do not travel to any out of state competitions.



# **VACATION DATES: Gym is CLOSED for Team Practices and Team Tumble:**

- Summer Break #1: June 28-July 5th, 2023
- Summer Break #2: July 26th-August 3rd, 2023
- Labor Day: September 4th, 2023
- Fall Break: October 7th October 15th, 2023
- Halloween: October 31st, 2023
- Thanksgiving: November 22nd November 24th, 2023
- Winter Break: December 19th January 2nd, 2024
- President's Day: February 19th, 2024
- Spring Break: March 15th March 22nd, 2024
- Spring Holiday: March 29th March 31st, 2024

## **DRESS CODES**

\* Dress code violations will result in athletes staying additional time to condition.

#### **TEAM PRACTICE Dress Code:**

- Sports Bras: Black, Silver, Grey or LPC Gear
- Tank Top: Black LPC tanks only
- Black Shorts/Spankies Slight accent colors are allowed
- High Pony Tail No fly aways
- Cheer shoes must be worn at all times
- NO jewelry of any type
- NO long or acrylic nails. Nails are to be cut short for safety. Nail checks will be done weekly.
- NO T-shirts

#### TUMBLE PRACTICE Dress Code:

• Sports Bras: Any color

• Tank Top: Any color

• Shorts/Spankies: Any color

- High Pony Tail No fly aways
- Cheer shoes must be worn at all times
- NO jewelry of any type
- NO T-shirts

